

# **Between You, Me and the Fencepost: The Role of Confidentiality and Referrals in Student Health**

Presented at Missouri Coordinated School Health Conference

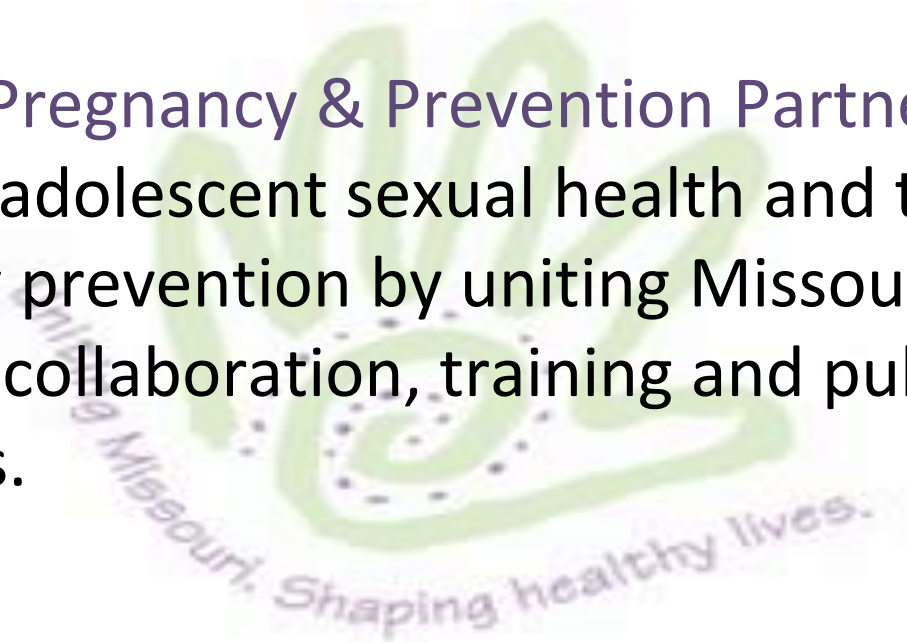
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Teen Pregnancy & Prevention Partnership



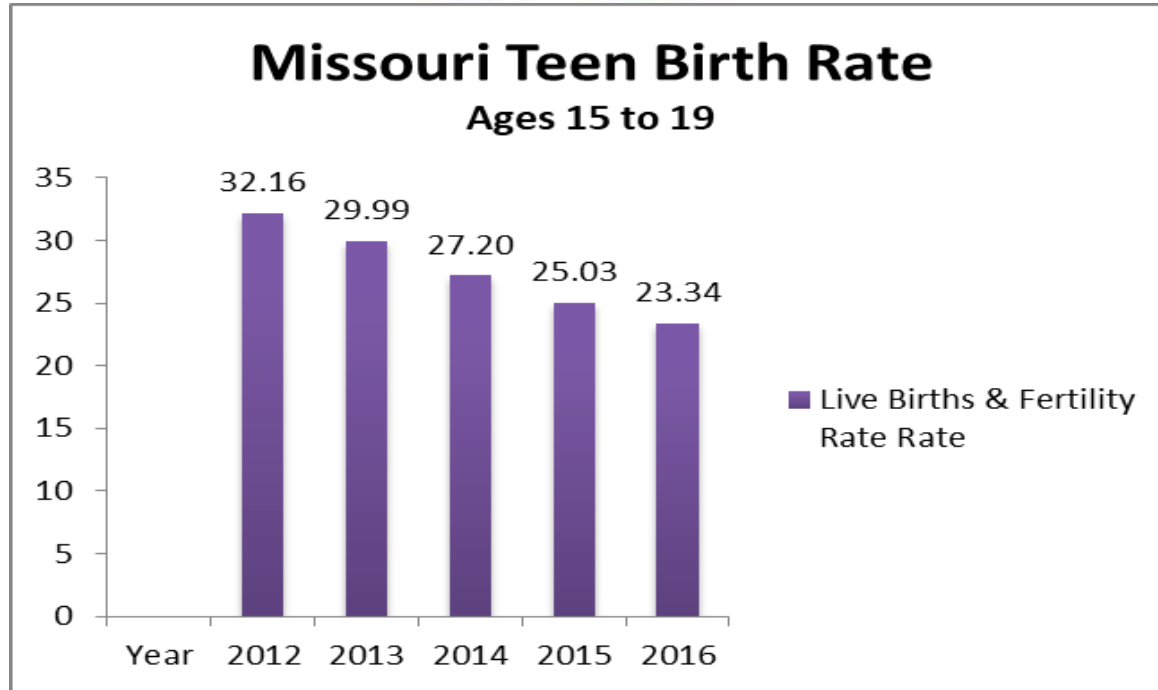
The Teen Pregnancy & Prevention Partnership (TPPP) promotes adolescent sexual health and teen pregnancy prevention by uniting Missouri through advocacy, collaboration, training and public awareness.



# Presentation Outline

- Being an Askable Adult
    - Spark
  - Confidential Services Laws
  - Resources to Assess for Youth Friendliness
    - Spark
    - Interview Tool
  - St. Louis Youth Friendly Resource Directory
  - Implementing in Your Organization
    - Organizational Action Steps
    - What opportunities and challenges do you see?
- 

# Missouri Teen Birth Rate



MODHSS MICA. Retrieved 2018, April 16, from: Fertility and Pregnancy MICA

<https://webapp01.dhss.mo.gov/MOPHIMS/QueryBuilder?qbc=FM&q=1&m=1>

# Let's "Spark"

- Starting the conversation in your organization with resources from the Adolescent Health Initiative at Michigan.



# Missouri Laws

- **Family planning and contraception**
  - No law explicitly allows all minors to consent to contraceptive services
  - Minors who are married may consent to contraceptive services
- **Pregnancy testing and prenatal care**
  - Any minor may consent to pregnancy testing and all other medical care related to pregnancy (excluding abortion).
  - Physicians may inform parents (unless it is a Title X clinic)
- **STD Testing**
  - Any minor may consent to testing and other medical care related to STDs
  - Physician may inform parents (unless it is a Title X clinic)
- **Rape or Sexual Assault**
  - Minor victims of rape or sexual assault may consent to a forensic medical examination. However, the hospital or physician conducting the exam must give written notification to a parent or guardian that the exam has occurred
- **Abortion services**
  - Must have written parental consent unless the minor is emancipated or judicial bypass is granted. 72 hour waiting period and in-person counseling session

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# Youth-Friendly Services Defined

Youth-friendly health care services are those that attract young people, respond to their needs, and retain young clients for continuing care.

The goal is to provide young people with services they trust and which they feel are designed for them.



# CDC Teen-Friendly Provider Standards

- Confidentiality
- Privacy
- Consent
- Cultural and Linguistic Appropriateness
- Comprehensive Services
- Parent/Guardian Involvement



# Assessment Categories

- Accessible location and hours, including transportation
- Warm and respectful environment
- Confidentiality and Privacy
- Consent
- Comprehensive Services
- Cultural and Linguistic Appropriateness
- Parent/Guardian Involvement
- Support for Abstinent Youth



## Health Center Key Informant Interview Guide

“This interview includes questions in 8 categories: confidentiality, privacy, consent, cultural and linguistic appropriateness, comprehensiveness of services, parent / guardian involvement, accessibility, support for abstinent youth. “

[Use transitions as you progress: “First, let’s talk about confidentiality.”]

### ***Confidentiality***

At your clinic:

1. Are policies in place to assure that health information disclosed or discussed during a visit remains confidential? If so, please describe.

Response:

2. Are policies assured to be consistent with state laws and regulations? If so, how?

Response:

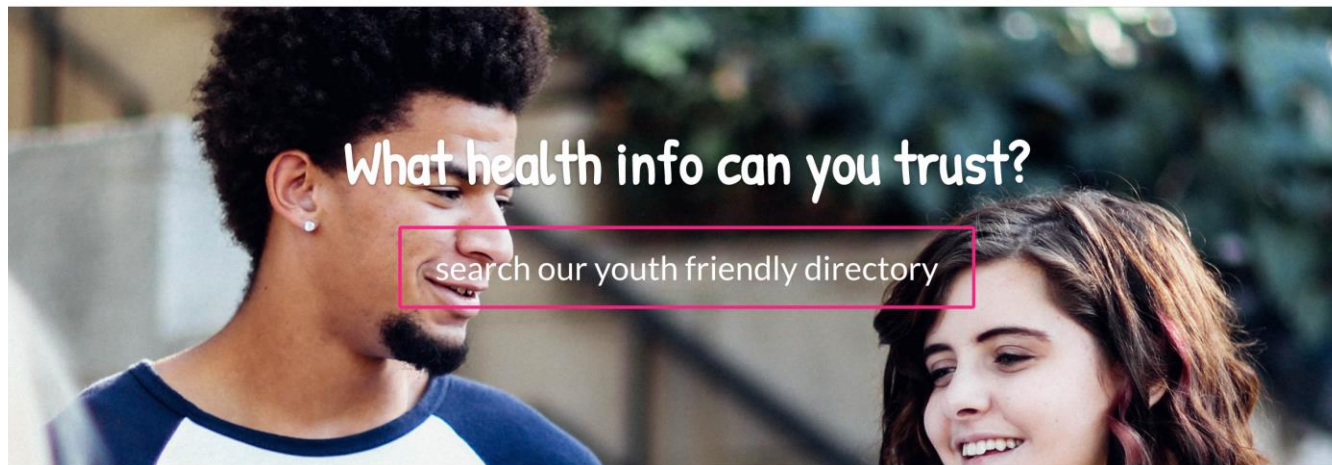
3. Do teens receive clear written information about their state’s laws governing the rights of adolescent patients to confidentiality and to consent to care or treatment?

Response:

# Referral Services to Consider

- Reproductive Health
- Mental Health
- Substance Abuse
- Primary Care
- Pharmacies
- Non-health care services
  - Housing





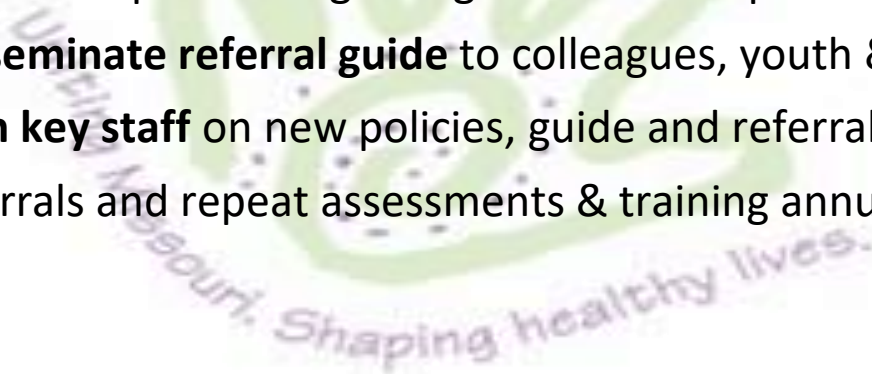
**YOUR BIGGEST QUESTIONS, ANSWERED:**

**St. Louis Regional Youth Friendly Resource Directory**

[www.teenhealthstl.org](http://www.teenhealthstl.org)

# Organizational Action Steps

1. **Assess** buy-in at every level.
2. **Assess** your community partner organization's ease of access, location, transportation options, accessibility, and receptiveness of staff.
3. **Know** your school's policies regarding referrals and parent involvement
4. **Develop, disseminate referral guide** to colleagues, youth & families.
5. **Identify, train key staff** on new policies, guide and referral protocols.
6. **Evaluate** referrals and repeat assessments & training annually or as needed.



# Contact TPPP

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# Resources

- Missouri State Statutes. Available at <http://www.moga.mo.gov/mostatutes/statutesAna.html>
- Healthy Teen Network. "Keep It Simple: A Lesson in Linking Teens to Sexual Health Care" Lesson Plan. Available at <http://www.healthyteennetworks.org/keep-it-simple>. [nnetwork.org/keep-it-simple](http://www.healthyteennetworks.org/keep-it-simple).
- Centers for Disease Control. "Teens Visiting a Health Clinic" and Infograph on a Teen Friendly Reproductive Health Visit Available at <http://www.cdc.gov/teenpregnancy/health-care-providers/teen-friendly-health-visit.htm>.
- CDC's TPP program: <http://www.cdc.gov/teenpregnancy/prevent-teen-pregnancy/>.
- Being An Askable Adult. Spark Training developed by the Adolescent Health Initiative at Michigan Medicine; August 2017; Ann Arbor, MI. <http://www.umhs-adolescenthealth.org/improving-care/spark-trainings/>
- How Michigan school staff can Facilitate Access to Health Services: Everyone Can Do Something ; August 2017; Ann Arbor, MI. <http://www.umhs-adolescenthealth.org/improving-care/spark-trainings/>